

# When you come to my office:

1. *You will find a dispenser with hydroalcoholic solution* at the entrance of the study. I invite you, on arrival and departure, to please sanitize your hands.
2. *Put on the FFP2 mask*, you must already have it on arrival.
3. *Bring the green pass with you*, it will be checked upon arrival.
4. Inside the studio, *always maintain an interpersonal distance of at least 1 meter* and avoid any form of physical contact.
5. *Do not come to the appointment if* you are suffering from flu or para-flu symptoms or if you have come into contact with people who have tested positive for the virus. In this case, our meetings may restart at least 10 days after the end of symptoms/contact. The same rule will be applied by the therapist.
6. *Notify me if* you are tested positive for the virus in the 10 days following our meeting. The same rule will be applied by the therapist.
7. *The following are guaranteed:* accurate and frequent cleaning of surfaces and chairs; adequate distance of the chairs; adequate ventilation of the room at the end of each meeting (there are no air conditioning systems); the therapist is vaccinated (third dose on the 17<sup>th</sup> of November 2021).
8. *Remember:* the studio does not have a waiting room, so please ring the bell at the exact time of your appointment; in the studio it is not possible to use the toilets; payment will be made by bank transfer or e-payment.

